

MHADA Board Minutes  
Cape May County  
December 10, 2019

In Attendance:

Judy Kunec	Mary Dozier	Tom Maletto	Deb Lukens	Frank Garcia
Katie Faldetta	Pat Devaney	Majken Mechling	Greg Speed	Sueanne Agger
Amy Dindak	Patrick Miller	Karen Burke	Rev. Tom Dawson	
Joe Landis	Jennifer Zoyac	David Grusemeyer		
Donna Groome	Sharon Modzelewski			

*Call to Order*

The meeting was called to order by Chairperson Frank Garcia at 5:05PM. Round table introductions followed.

*Approval of Minutes*

A motion to approve the minutes of the October meeting was made by Judy Kunec and seconded by Joe Landis. Motion carried.

*Reports and Correspondence*

Mental Health: Amy Dindak distributed a report which included information about: 1) FY20 Appropriations Act \$500,000 allocation to the DMHAS to support mental health and substance use disorder community providers that were previously sustained via deficit-funded contracts who are now operating under the fee-for-service reimbursement system. Agencies will be allocated a pro rata share of the funds based on gaps in revenues in FY20 compared to the previous deficit funded contracts. 2) SHARE initiative State Hospitals can now refer individuals to the following facilities for short term residential substance abuse treatment: Maryville, Integrity House, New Hope, and Pyramid Health. 3) Allison Bagarozza, Office of the Medical Director, provided an update on suicide prevention at a conference in September that targeted frontline mental health and substance use providers, emergency and screening staff, primary care providers, first responders and anyone interested in learning how to screen, assess, intervene, and refer patients at risk of suicide. The Office of the Medical Director is working with Zero Suicide in Health and Behavioral Healthcare to provide training to organizations on identifying and providing care to those at risk for suicide. 4) The Division of Mental Health and Addiction Services, in collaboration with the Department of Corrections (DOC) and Department of Health (DOH), is working with county correctional facilities to provide Medication Assisted Treatment (MAT) to individuals with opioid addiction while in jail and post-release. 5) The integrated license update includes the following disciplines: mental health, substance abuse disorder and primary care. Providers with two of the three services or all three will be able to apply for an integrated license. (DOH CN&L staff and DMHAS staff have been working on revisions to regulations for Outpatient NJAC 10:37E, Partial Care NJAC 10:31 F and ambulatory substance use programs NJAC 10:161B. A draft of the integrated rule is expected by the end of the calendar year. 6) Recently Awarded RFPs: a) *Sober Living/Recovery Housing* to provide recovery housing services to adult consumers with opioid use disorders who are homeless or at risk of homelessness. Awards were made to John Brooks, Integrity House, and Freedom House for 15 consumers. b) *Supportive Housing and Case Management*: DMHAS has made the following awards for the provision of individual case management and supportive services to individuals who are ages 18 and over with an opioid use disorder (OUD) in New Jersey who are homeless or at risk of homelessness. These services will be provided to up to two hundred (200) OUD individuals, on average, up to 8 hours per month, billable in fifteen (15) units, based on individual needs. These services will assist individuals in seeking and connecting with behavioral health and or physical health needs. c) *Community Support Services (CSS) – MESH, DDMI*: DMHAS has awarded Easter Seals NJ in Burlington and Essex to develop CSS services to serve individuals 18 years of age and older, who are awaiting discharge from a state psychiatric hospital and are dually diagnosed with a developmental disability and/or cognitive impairment and a serious mental illness. OMH was awarded 5 MESH expansion slots and Triple C was awarded 10 MESH slots in Middlesex County. d) *Support Teams for Addiction Recovery (STAR) Teams* – Expansion of additional teams funded through the SOR grant to provide case management and recovery support services for individuals with opioid use disorders (OUD). Original STAR teams were funded by the STR grant. e) *Opioid Reduction Options (ORO)* – Funded through the SOR grant, awards made to health

facilities to develop and implement a program to increase awareness and focus on non-opioid pain management strategies and reduce the use of opioids in Emergency Departments and the subsequent prescribing of opioids at discharge. f) *Alternative Approaches to Pain Management for Older Adults* – SOR Grant to fund programs that will provide education to older adults (age 60+) on alternatives to opioid analgesics as a means of dealing with acute or chronic pain.

**Addiction Services:** No report

**GCADA:** No report

### *Old Business*

**Membership:** Pat welcomed Rev. Dawson and Majken Mechling to their second meeting and expressed the hope that they will consider joining the Board.

**Heroin Issue Update:** Joe Landis reported that the Prosecutor's office has updated its opiate presentation to include meth as the numbers of people using it are increasing. The Prosecutor's office also received \$62,000 extra funding for the Helping Hands grant. It will be used to pay overtime for more local police officers to do prevention work. The number of refusals to go to the ER has decreased. The Hope One van is on the road and doing well. SueAnne reported that the OORP program responded to 221 Opioid episodes in the ER and accomplished 117 outreaches for opiates. There were also 347 contacts for alcoholism. In November there were 9 reported deaths.

**Recovery High School:** There are currently 7 youth involved in the school, 2 are out of county. They are expecting to go to 9 youth in 2020. Most of the youth are interested in working so there is a focus on employment opportunities at this time.

**Jail Program:** Pat reported that the application for the MAT program at the Jail will be acted upon by the Freeholders at the 12/23 meeting. The Jail has started continuity of care as of last month.

**Performance Based Benchmarks for ACENDA:** The dash board for the ACENDA "markers" was reviewed. This report will begin as the base line and will reported every 6 months.

### *New Business*

**RFP Results:** The Board reviewed the report regarding all the RFPs that were received. After review, a motion was made by Tom Maletto, seconded by Deborah Lukens to approve the recommendations. Motion carried.

**CASS Minutes/Budget Modifications:** CASS Minutes and Budget Modifications were distributed. A motion to approve the minutes and modifications was made by Judy Kunec and seconded by Joe Landis. Motion carried. It was announced that a Youth Mental Health First Aid class (for adults) will be held on March 24<sup>th</sup>. Class is designed to teach adults how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis by introducing common mental health challenges for youth, reviewing typical adolescent development, and teaching a 5-step action plan for how to help young people in both crisis and non-crisis situations. Participants successfully completing the course receive a 3 year nationally recognized certification and DRCC members will receive 6 renewal credits. Contact the Human Services Office to register.

**2020 MHADA Meeting Dates:** A list of 2020 Meeting dates was distributed. In order to comply with state regulations, an additional meeting will be added.

**Site Review Summary:** Pat distributed the summary of the site reviews completed by Ellen Taner. There were no major issues cited.

**Innovation Funding:** After closed session discussion, the Board decided to propose three ideas to the state for the \$35,000 grant and let the state decide which is more "innovative".

**County Site Review:** Pat reported that her office was reviewed by the state to see if the county was in compliance with the grant. There were no citations.

*Public Response*

\*Katie Faldetta announced 1) Peer Leadership Conference, held on 11/22, was successful. 450 Peer Leaders attended the event. 2) PRIDE Committee Resiliency Training for school districts will be held in January for the staff that participated in the summer trainings. 3) PRIDE Committee Conference will be held on January 23<sup>rd</sup>. Conference will include information about mental wellness of the LGBTQI community and mental health first aid. 4) Summer programs for teachers are being considered along with two other programs if additional funding becomes available.

\*Amy Dindak reported that the state is waiting for an amended Annex A from Acenda to change cycle to calendar year.

\*Greg Speed reported that Cape Counseling was a good steward of funds and brought \$500,000 to the Acenda merge.

\*Joe Landis announced 1) Veterans Family Resource Fair will be held on 1/31/20 at the Wildwood Convention Center. A flyer will be sent shortly. 2) The recent Crisis Intervention Team Training was a success. The week-long training draws representatives from a number of different agencies.

*Adjournment:*

Meeting adjourned at 6:30pm.