



# Cape May County Medical Reserve Corps Newsletter

April 2012

Issue 6

**Mission Statement:** To recruit, organize, and train volunteers for the Medical Reserve Corps in Cape May County and to augment and support the public health response to a natural or public health emergency.

## National Volunteer Week April 15-21st

National Volunteer week is a time to celebrate and honor the hard work of our volunteers. Thank you. Thank You. Thank you. We can't say it enough. The countless hours of selfless service that you have given to the County of Cape May has not gone unnoticed. I am truly blessed to know you and to have the privilege to work with you. We have some fun activities scheduled for this month that we hope you will participate in. Our Cape May County Resource Day is a showcase of Public Health and the non profit health services available in Cape May County. The CEED walk is a celebration of life for cancer survivors and all those who love them.

**Preparedness can be fun!**



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Facebook and get  
news from the  
Health Department!**

### Monthly Health Observances

#### April

Alcohol Awareness Month  
Autism Awareness Month

#### May

Asthma & Allergy  
Awareness Month

#### June

Home Safety Month

#### July

UV Safety Month

### MRC VOLUNTEERS NEEDED

**7th Annual Cape May County Health Resource Day: April 21, 2012**  
10:30 am – 2:00 pm Wildwoods Convention Center

Volunteers are needed to assist as **Born Learning Trail guides**, “Walking Indoors”  
Video demonstrators, health survey takers and all round public health advocates.

**May 5, 2012 CEED Cancer Walk at the Cape May County Park**  
10:00am—2:00pm 707 Route 9 North Shelter 1  
Born Learning Trail guides & health material distribution.

#### Spokesperson Training #4

**May 21, 2012 CMC Administration Building, Intermediate Rm.**  
9:00am.—3:00pm Volunteers needed to act as reporters; need 10 people.  
Informative and fun exercise in risk communication.

Lunch will be provided. 4.5 Nursing CEU's

**MUST REGISTER ON NJLMN WEB SITE:** <https://njlmn.rutgers.edu>

## Are you in Need of CPR/AED Recertification?

**Free CPR/AED Recertification Trainings Available: Cape May County  
4 Moore Rd Administration Bldg, Intermediate Room. 9:00am—10:00am**

**MUST CALL to schedule: Bill Holmes 609-463-6491**

\* 4/12/2012 \* 6/14/2012 \* 8/9/2012 \* 10/11/2012 \* 12/13/2012



### CORE COMPETENCIES

**Register on**

<https://njlmn.rutgers.edu>

- Distributing Supplies from the Strategic National Stockpile for MRC Volunteers
- Orientation to Public Health
- Practicing Cross Cultural Communication: Flood
- Psychosocial Aspects of Bioterrorism & Disaster
- Response for Public Health
- The Messenger Chronicles: Be Prepared
- Health Literacy & Public Health
- Exploring Cross Cultural Communication



#### Red Cross & MRC Training Together

**Top Left:** Mary Ann Fee, Sandy Flud, Barb Horan, Darleen Byrn, Ann Lunetta, Jim Stevens & Laura Sansone.

**Top Right:** Captain Matt Maxwell & Karen Lawenski.

**Left:** Lilianna from DAT, Karen Lawinski, Lisa Braunell & Joan Rowland.

#### CONTACT INFORMATION

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### The Cape May County Medical Reserve Corps membership is now up to 144 active volunteers and still recruiting!

We are constantly striving to offer trainings as conveniently as possible. Please take time to check out the NEW and improved NJLMN web site for on-line or class room courses. I also have a CD on Core Training for MRC volunteers free for the asking. It is very important that you let us know when you have completed any courses on your own so that we can keep a record on file.

The two trainings with the Red Cross on Shelter Management and Shelter Operations ( pictured above ) were very well received. We are busy planning more “hands on” trainings and as we do, dates will be announced. I will be sending out e-mails with news updates as they happen.

