CAPE MAY COUNTY DIVISION OF AGING & DISABILITY SERVICES

2022
PROGRAMS & SERVICES GUIDE

Located at the County Commons Complex
3801 Rt. 9 South, Unit 4, Rio Grande, NJ 08242
609-886-2784
www.capemaycountynj.gov/200
WELCOME TO THE DIVISION OF AGING & DISABILITY SERVICES

Inside you will find a list and short description of the programs and services we offer our senior residents in Cape May County. For a comprehensive description, or for more information about any of the programs listed, please stop by the office and speak to one of our knowledgeable counselors.

The Mission of the Cape May County Division of Aging and Disability Services is to promote the well-being and inclusion of older persons and those adults with disabilities in Cape May County, by providing information and education, and developing and advocating for services that assist these citizens to maintain independence and quality of life and make informed choices about their long-term care needs.

Don’t forget—We Moved!
Located at the County Commons Complex
3801 Rt. 9 South, Unit 4, Rio Grande, NJ 08242
609-886-2784
www.capemaycountynj.gov/200
JOIN US AT ONE OF OUR SENIOR CENTERS

LOWER CAPE SENIOR CENTER
609-886-5161
2612 Bayshore Road, Villas, NJ 08251

NORTH WILDWOOD SENIOR CENTER
609-522-7611
900 Central Avenue, North Wildwood, NJ 08260

UPPER TOWNSHIP SENIOR & WELLNESS CENTER
609-390-9409
1369 Stagecoach Road, Palermo, NJ 08230

HOWARD S. STAINTON OCEAN CITY SENIOR CENTER
609-399-0055
1735 Simpson Avenue, Ocean City, NJ 08226

All are welcome & the coffee is always on!
Need a ride to the Senior Center?
Call Fare Free Transportation
609-889-3700.

ACTIVITIES & PROGRAMS:

- Billiards
- Bingo
- Card Games
- Ceramic Classes
- Craft & Jewelry classes
- Health Fairs
- Line Dancing
- Mah-Jongg
- Nutrition Programs
- Tai Chi
- Zumba Gold
- and Much More!
**Senior Center Nutrition Program**

The CMC Senior Citizen Nutrition Program is open to all county residents 60 and over. Other individuals that are eligible for meals at our Nutrition sites are:

- A spouse of any age
- Disabled persons who reside at home and accompany older persons to meals
- Individuals providing volunteer services during the meal hours

**Mobile Meals**

The CMC Mobile Meals Program is designed for homebound residents who are:

- 60 years of age or older
- Homebound
- Incapacitated due to accident, illness, or frailty
- Unable to prepare meals, cook or shop for one’s self
- Lacking support from family, friends, neighbors, health aide, or caregiver to secure meals
- Spouses of homebound older individuals, regardless of age
- Disabled persons who reside at home with older eligible individuals

Eligibility is determined by CMC Division of Aging and Disability Services. This service is provided by the Older Americans Act which requires that each client be given the opportunity to make a donation to the program. All contributions are used to expand the program.
Volunteers Needed!

Volunteers are needed at our Senior Centers and for our Mobile Meal Program. If you are interested in delivering meals or volunteering at one of our Senior Centers please contact Rachel Sanfo at 609-886-3400 for additional information.
PROGRAMS & SERVICES
(CALL 609-886-2784 FOR MORE INFORMATION ON THESE PROGRAMS)

INFORMATION & ASSISTANCE (I&A)
Our staff provide a broad range of information & assistance and link individuals to the services and opportunities that are available within the community. Many services are offered regardless of income.

They also provide help with:
- State Health Insurance Assistance Program (S.H.I.P)
- Pharmaceutical Assistance to the Aged and Disabled (PAAD)
- Senior Gold
- Specified Low-income Medicare Beneficiary (SLMB)
- Home Energy Assistance
- Lifeline application assistance
- MLTSS Screens for Community Service
- Options Counseling
- Service Coordination
- Outreach and Education

CONGREGATE NUTRITION
Provides meals to older persons attending the senior centers.  
(Service provider: Cape May County Division of Aging & Disability Services)

HOME DELIVERED MEALS (Meals on Wheels)
Provides meals to older persons in their homes. We also provide meals on weekends and holidays to our most frail clients.  
(Service provider: Cape May County Division of Aging & Disability Services)

EMERGENCY ASSISTANCE
Services designed to provide assistance to an older person and caregiver in those situations where an emergency exists and it is not possible to obtain immediate aid through existing social service agencies.  
(Service provider: Cape May County Division of Aging and Disability Services)
RESIDENTIAL MAINTENANCE/SAFE HOUSING
Intermittent household repairs to eligible older persons whose health and safety are threatened because they cannot perform these services by themselves and/or are at risk of institutional placement. (Service provider: Cape May County Division of Aging and Disability Services)

ADULT PROTECTIVE SERVICES
Voluntary or court-ordered social, legal, financial, medical or psychiatric service necessary to safeguard a vulnerable adult’s rights and resources and to protect a vulnerable adult from abuse, neglect or exploitation as carried out by the designated APS provider. Vulnerable adults are defined as those 18+ who reside in a community setting, lack sufficient understanding or capacity to make and/or carry out decisions concerning their well-being due to mental or physical disabilities AND are subject to abuse, neglect or exploitation. (Service provider: Cape May County Division of Aging and Disability Services)

HOUSEKEEPING
Routine basic upkeep and management of homes, for the purpose of enabling older persons to maintain themselves in their place of residence by removing housekeeping barriers. (Service provider: Cape May County Division of Aging and Disability Services)

JERSEY ASSISTANCE FOR COMMUNITY CAREGIVING
JACC is a state-funded program that offers assistance to individuals requiring nursing facility level of care, who wish to remain in their home. Assistance includes care management, and may include: Home Health Aide, Adult Medical Day Care, Medical Supplies, Respite Care, etc. JACC has clinical and financial eligibility criteria. (Service providers: Cape May County Division of Aging & Disability Services)
ADULT DAY SERVICES MEDICAL
A structured program for adults who require care and supervision in a protective setting for a portion of a 24 hour day, with emphasis on the physically or cognitively impaired older adults. (Service provider: Cape May County Division of Aging and Disability Services)

RESPITE SERVICES/STATEWIDE RESPITE CARE PROGRAM (SRCP)
Short term or intermittent care, provided to older persons and their caregivers either in their homes or in other appropriate facilities, because of the absence or the need for relief of those persons normally providing care. (Service provider: Cape May County Division of Aging and Disability Services)

CAREGIVER IN HOME EDUCATION/SUPPORT
Provide individual education and support to unpaid caregivers at home so that they can improve their ability and effectiveness as caregivers and prolong their ability to provide care for an elderly individual or an individual who is less than 60 and has a diagnosis of early onset dementia. (Service provider: South Jersey Geriatrics)

CAREGIVER MENTAL HEALTH COUNSELING
Provide individual mental health counseling to help the caregiver with the normal anger, frustration, guilt, isolation and depression that many individuals experience as caregivers. (Service provider: South Jersey Geriatrics)

CAREGIVER SUPPORT GROUP
A group that meets on a regular basis, formed to help relieve caregiver stress and to provide peer support, education, and information to caregivers, (both elderly and non-elderly), of older persons. (Service provider: Cape Assist)
GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP
A group that meets on a regular basis, formed to help relieve caregiver stress and to provide peer support, education, and information to a grandparent or a person 55 years of age or older who is a relative caregiver of an individual not more than 18 years of age or who is an individual with a disability.
(Service provider: Rutgers Cooperative Extension Center)

LEGAL ASSISTANCE
Legal advice, assistance, and/or representation provided by or under the supervision of a lawyer, in order to protect and secure the rights of older persons.
(Service provider: South Jersey Legal Services)

ORAL HEALTH/FREE DENTAL CARE
Screening, assessment and treatment activities that assist older persons to improve or maintain oral health by helping them to identify and understand their oral health needs and secure necessary medical, disease prevention and health maintenance services.
(Service provider: Cape May County Department of Health)

MEDICATION MANAGEMENT VISITING NURSE:
Screening, assessment, and treatment activities that assist older persons to improve or maintain physical health by helping them to identify and understand their health needs and secure necessary medical, disease prevention or health maintenance services.
(Service provider: Cape May County Department of Health)
S.H.I.P
STATE HEALTH INSURANCE ASSISTANCE PROGRAM
The State Health Insurance Assistance Program (SHIP) provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance. SHIP is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living. Medicare beneficiaries frequently have questions about benefits, claims and supplement policies (known as Medigap’s).

MEDICARE OPEN ENROLLMENT PERIOD
OCTOBER 15th 2022 — DECEMBER 7th 2022
Medicare beneficiaries are encouraged to come in and see a counselor to review their coverage and/or change their Medicare health or prescription drug coverage for 2023.

MEDICAID—MANAGED LONG TERM SERVICES & SUPPORTS (MLTSS)
MLTSS is designed to expand home and community based services, promote community inclusion and ensure quality and efficiency. MLTSS provides comprehensive services and supports, whether at home, in an assisted living facility, in community residential services, or in a nursing home. This program has an income and clinical eligibility.
PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)
Assists with the cost of monthly drug premium and co-pays for medication. PAAD is an income-eligible program but does not look at assets.

SENIOR GOLD
Assists with the cost of co-pays at the pharmacy. Senior Gold is an income-eligible program but does not look at assets. There is a higher income eligibility than PAAD.

LIS/EXTRA HELP
Medicare beneficiaries with limited resources and income may also be able to get extra help with monthly premiums, annual deductibles, and prescription co-payments – related to a Medicare prescription drug plan.

SPECIFIED LOW-INCOME MEDICARE BENEFICIARY PROGRAM (SLMB)
Assists with paying Medicare Part B premium. This program has an income eligibility and is asset-based.

NJ SAVE
Assists with the NJ Save online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses.

Call the Division of Aging & Disability Services for income eligibility limits
609-886-2784
NEED HELP PAYING YOUR GAS or ELECTRIC BILL?

The Low Income Home Energy Assistance Program (LIHEAP) is designed to help low-income families and individuals meet home heating and medically necessary cooling costs. This year, the application period is October 1, 2021 to August 31, 2022.

The Universal Service Fund (USF) Program may be applied for at any time during the year and was created by the State of New Jersey to help make natural gas and electric bills more affordable for low-income households.

For more information on these programs please contact the Cape May County Division of Aging & Disability Services at 609-886-2784 or the Puerto Rican Action Committee (PRAC) at 609-861-5800.

NEED A RIDE?
CALL FARE FREE TRANSPORTATION

Fare-Free Transportation provides demand-response, subscription and modified-fixed route bus service to senior citizens, persons with disabilities, veterans, individuals of low-income and general public on a first come-first served basis.

- Fare Free Transportation is available to all Cape May County residents 18 or older
- Applications can be found online at: www.capemaycountynj.gov/446
- Scheduled routes and door-to-door service available

For an application or for more information call 609-889-3700
Put your experience to work! RSVP shows you how you can apply the skills and wisdom you’ve acquired throughout your life to make a positive difference in the lives of others. RSVP connects people with the organizations that need them the most. Volunteers receive guidance and training so they can make a contribution that suits their talents, interests, and availability.

Volunteer opportunities include:

- Mobile Meals delivery
- Mentoring & Tutoring
- Preparing tax forms
- Working with Senior Centers
- Coaching health education programs
- Provide aide to Veterans

Call 609-886-3400 for Volunteer Opportunities
## OTHER COMMUNITY RESOURCES

### NURSING HOMES

<table>
<thead>
<tr>
<th>NURSING HOME</th>
<th>ASSISTED LIVING</th>
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<tbody>
<tr>
<td>COMPLETE CARE AT COURT HOUSE</td>
<td>BROOKDALE OF CAPE MAY</td>
</tr>
<tr>
<td>144 Magnolia Drive CMCH, NJ 08210</td>
<td>591 Rte 9 South CMCH, NJ 08210</td>
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<tr>
<td>(609)465-7171 Fax: (609)465-8353</td>
<td>(609)463-6344 Fax: (609)463-6345</td>
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<tr>
<td>CREST HAVEN NURSING &amp; REHAB</td>
<td>THE SHORES AT WESLEY MANOR</td>
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<tr>
<td>12 Moore Road CMCH, NJ 08210</td>
<td>Ocean City, NJ 08226</td>
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<tr>
<td>(609)465-1260 Fax: (609)465-0738</td>
<td>(609)399-8505 Fax: (609)391-8411</td>
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<tr>
<td>PELICAN POINT</td>
<td>VICTORIA COMMONS</td>
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<tr>
<td>3809 Bayshore Road North Cape May, NJ 08204</td>
<td>610 Town Bank Road North Cape May, NJ 08204</td>
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<tr>
<td>(609)-898-0677 Fax: (609)-898-1186</td>
<td>(609)898-0044 Fax: (609)898-9644</td>
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<td>AUTUMN LAKE HEALTH CARE</td>
<td>AUTUMN LAKE HEALTHcare</td>
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<tr>
<td>2721 Rte. 9 Ocean View, NJ 08230</td>
<td>2721 Rte. 9 Ocean View, NJ 08230</td>
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<tr>
<td>(609)624-3881 Fax: (609)624-3771</td>
<td>(609)624-3881 Fax: (609)624-3771</td>
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<tr>
<td>NORTH CAPE CENTER</td>
<td>SANDMAN TOWERS</td>
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<tr>
<td>700 Town Bank Rd. North Cape May, NJ 08204</td>
<td>3700 New Jersey Ave Office 100</td>
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<tr>
<td>(609)898-8899 Fax: (609)465-8335</td>
<td>Wildwood, NJ 08260</td>
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<tr>
<td>(609)898-8899 Fax: (609)465-8335</td>
<td>(609)729-0778 Fax: (609)729-4168</td>
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<tr>
<td>OCEANA NURSING HOME &amp; REHAB</td>
<td>NOBLE SENIOR LIVING</td>
</tr>
<tr>
<td>502 Rte. 9 North CMCH, NJ 08210</td>
<td>1042 Route 47 South Rio Grande, NJ 08242</td>
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<tr>
<td>(609)465-6360 Fax: (609)465-8335</td>
<td>609-929-6013</td>
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<tr>
<td>UNITED METHODIST COMMUNITIES AT THE SHORES</td>
<td>RENTAL ASSISTANCE</td>
</tr>
<tr>
<td>2201 Bay Ave. Ocean City, NJ 08226</td>
<td>CAPE MAY &amp; ATLANTIC COUNTY RENTAL ASSISTANCE</td>
</tr>
<tr>
<td>(609)399-8505 Fax: (609)391-8411</td>
<td>(609)441-334</td>
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HOUSING AUTHORITIES/HUD
Information concerning low cost public housing

CAPE MAY HOUSING AUTHORITY
631 Lafayette Street
Cape May, NJ 08204
(609) 884-8703 Fax (609) 884-9028

OCEAN CITY HOUSING AUTHORITY
204 E. 4th Street
Ocean City, NJ 08226
(609) 399-1062 Fax: (609) 399-7590

WILDWOOD HOUSING AUTHORITY
3700 New Jersey Avenue
Wildwood, NJ 08260
(609) 729-0220 Fax: (609) 729-4168

WOODBINE MANOR APARTMENTS
201 Webster Street
Woodbine, NJ 08270
609-861-2047

HOUSING FOR SENIORS
Eligibility requirements for admission age minimum is 62 years or older.

CONIFER VILLAGE AT CAPE MAY
3805 Bayshore Road
Cape May, NJ 08204
(609) 886-5400 Fax: (609) 886-5402

HAVEN HOUSE
676 Town Bank Road
North Cape May, NJ 08204
(609) 884-4548 Fax (609) 884-4313

LIONS CENTER
3300 New Jersey Avenue
Wildwood, NJ 08260
(609) 729-1111 Fax: (609) 729-0611

MARINA BAY TOWERS
610 New York Avenue
North Wildwood, NJ 08260
(609) 523-2703 Fax: (609) 523-2704

SANDMAN TOWERS
3700 New Jersey Avenue Office 100
Wildwood, NJ 08260
(609) 729-0778 Fax: (609) 729-4168

VICTORIAN TOWERS
608 Washington Street
Cape May, NJ 08204
(609) 884-5883 Fax (609) 884-5625

YORKSHIRE PLACE
664 Townbank Road
North Cape May, NJ 08204
(609) 898-0730 or 844-227-8211
Fax (609) 898-1221

WESLEY BY THE BAY
2419 Bay Avenue
Ocean City, NJ 08226
(609) 399-6702 Fax: (609) 399-6704

OTHER HOUSING RESOURCES
CHANNEL APARTMENTS
3910 Bayshore Road
N Cape May, NJ 08204
609-884-0026

MEADOW LARK APARTMENTS
4006 Rte. 9 S Rio Grande, NJ 08242
609-770-2425

TOWN BANK MANOR APARTMENTS
620 Town Bank Road
N Cape May, NJ 08204
609-884-8565

GREEN HERON POINT
8 Railroad Ave
CMCH, NJ 08210
609-770-4298
## OTHER RESOURCES

**HOMELESS HOTLINE**  
211

**COALITION AGAINST RAPE & ABUSE (CARA)**  
PH: 609-522-6489

**SOCIAL SECURITY ADMINISTRATION**  
1046 Rte. 47 N  
Rio Grande, NJ 08242  
Toll Free # 1-800-772-1213  
Local # 1-877-405-9194

**FAMILY SUCCESS CENTER**  
Rio Grande Community Support Services  
1046 B Route 47 North  
Rio Grande NJ, 08242  
(609)778-6226

**THE BRANCHES OUTREACH CENTER**  
1304 Rte. 47  
Rio Grande, NJ 08242  
609-886-5960

**JERSEY CAPE DIAGNOSTIC, TRAINING & OPPORTUNITY CENTER**  
152 Crest Haven Road Building #22  
CMCH, NJ 08210 (609)465-4117  
1121 Rte. 47 Rio Grande, NJ 08242  
609-889-6803

**CONSUMER AFFAIRS**  
4 Moore Road  
CMCH, NJ 08210  
(609) 463-6476  
Website: capemaycountygov.net

## ADULT MEDICAL DAY CARE

**ACTIVE DAY OF CAPE MAY**  
211 Route 9 South  
Suite 303  
CMCH, NJ 08210  
(609)465-8840 Fax: (609)465-8841

**GOLDEN HEART ADULT DAY HEALTH**  
101 Shore Road  
Somers Point, NJ 08244  
609-788-0067 Fax: 609-788-0068

## HOME CARE AGENCIES / HOSPICE

**BAYADA NURSES**  
1940 Rte. 9 North  
CMCH, NJ 08210  
(609)465-1205 Fax: (609)624-1094

**GRISWOLD HOME CARE**  
3323 Simpson Ave. Suite 2  
Ocean City, NJ 08226  
(609)385-1599 Fax: 888-707-6073

**HOLY REDEEMER MEDICAL**  
1801 Rte. 9 North  
CMCH, NJ 08210  
(609)465-2082 Fax: (609)463-6121

**HOME INSTEAD SENIOR CARE**  
112 Woodland Ave  
Suite 201  
Somers Point, NJ 08244  
(609) 927-0203 Fax: (609) 927-0217  
CMCH office 609-465-2049

**SYNERGY HOME CARE**  
2300 Rte. 9 North  
CMCH, NJ 08210  
(609) 486-6627 Fax: 486-6625
SENIOR HELPERS
2021 New Road Suite 108
Linwood, NJ  08221
(609) 373-2272

SENIOR SITTING
609-465-0840

RIGHT AT HOME
222 New Road Suite 108
Linwood, NJ  08221
(609) 788-8236

JOURNEY HOSPICE
6712 Washington Ave Suite 302
Egg Harbor Township, New Jersey 08234
P: 609-380-4302 | Fax: 609-380-4305
http://www.journeyhospicenj.org

COMPASSIONATE CARE HOSPICE
518 South Shore Road
Marmora, NJ 08223
1-609-390-9792 Fax: 1-609-309-5979

HEARTLAND HOSPICE
2111 New Road
Northfield, NJ 08225
1-609-641-4675

COMPASSUS
86 E Water Street
Toms River, NJ 08753
732-329-7692 fax 844-778-4260
Melissa.saltzman@compassus.com

VISITING PHYSICIANS

PHOENIX HOUSE CALLS
Dr. Thomas Lee
1-856-439-0060

BAYSIDE HOUSE CALL GROUP
Dr. James Lavis, Medical Director
2 E 14th Street
Ocean City, NJ 08226
1-800-513-3680 fax 888-503-8365

PRIMARY HOUSECALL PROVIDERS
505 Hamilton Ave Suite 104
Linwood, NJ 08221
P: 609-788-4576 Fax 609-788-4589

VISITING PODIATRISTS
Bayside Foot & Ankle
609-926-7006

DAVINCI EYE CARE
600 Lewis Drive
Warminster, PA 18974
215-443-8580

MEDICAL SERVICES

AMERICAN CANCER SOCIETY
Atlantic/Cape May Unit
1851 Old Cuthbert Road
Cherry Hill, NJ 08034
Website www.cancer.org
856-616-1650 Toll Free 1-800-227-2345

AMERICAN RED CROSS
Southern Shore Chapter
34 East Mechanic Street
Cape May Court House, NJ 08210
Website www.redcross.org
(609) 465-7382 Fax (609) 463-1801
ARC OF CAPE MAY COUNTY, INC.
822 Rt. 47, P.O. Box 255
South Dennis, NJ 08245
(609) 861-7100 Fax (609) 861-0591

CAPE ASSIST/ SUBSTANCE ABUSE
3819 New Jersey Avenue
Wildwood, NJ 08260
(609)522-5960 Fax: (609)522-4074
Website www.capeassist.org

ACENDA
1129 Rte. 9 South Suite 1
CMCH, NJ 08210
844-422-3632
Emergency Hotline 609-465-5999
Website: www.acendahealth.org

NEW EYES FOR THE NEEDY
Neweyesglasses.org
info@new-eyes.org
973-376-4903

NJ HEARING AID PROJECT
Trenton NJ 08625-0074
609-588-2648
www.state.nj.us/humanservices/ddhh/home/hearingaidproject.html

VOLUNTEERS IN MEDICINE
423 North Route 9
Cape May Court House, NJ 08210
(609) 463-2846
Website: vimcmc.org

COMPLETE CARE MEDICAL AND DENTAL
3 Broadway
Cape May Court House, NJ 08210
609-465-0258 Fax 609-465-5436
3700 New Jersey Ave
Wildwood, NJ 08260
Website: completecarenj.org

CAPE MAY COUNTY HEALTH DEPT
6 Moore Road
Cape May Court House, NJ 08210
DENTAL 609-465-6841
Nursing Division (609) 465-1200
(Nursing Division has information for Diabetes Education, Hypertension and Lipids detection)
Health Education (609) 465-1225
CEED (Cancer Education Early Detection Program) (609) 465-1047
Website: capemaycountygov.net

TRANSPORTATION

CITIZENS/VETERANS
ADVISORY COMMUNITY
Johnnie Walker
609-425-8608
http://cvaccapemay.com/

FARE FREE TRANSPORTATION
(609) 889-3700

NJ TRANSIT
(973) 275-5555

REDUCED FARE FOR SENIORS & DISABLED
(973) 491-7112

ACCESS LINK SERVICES
(parallels NJ Transit bus routes)
1-800-955-2321

ModivCare – Medicaid Only
1-866-527-9933
OTHER SENIOR CENTERS

BLIND CENTER OF THE JERSEY CAPE
PO Box 624
CMCH, NJ 08210 1-609-624-0931

AVALON SENIOR CITIZENS BUILDING
3100 Dune Drive
Avalon, NJ 08202
609-967-8200

DENNIS TOWNSHIP SENIOR CENTER
571 Petersburg Road
PO Box 204 Dennisville, NJ 08214
609-861-3137

MIDDLE TOWNSHIP DEVICO SENIOR CENTER
23 Romney Place
CMCH, NJ 08210
609-465-8865

THE MILLMAN CENTER
209 Bayshore Road
Villas, NJ 08251
609-435-5166

SOUTH JERSEY LEGAL SERVICES
1261 Route 9 South Suite 2
PO Box 785 CMCH, NJ 08210
(609) 465-3001 Website: legal-aid.org

COMMUNITY HEALTH LAW PROJECT
4 E. Jimmie Leeds Road Suite 8
Galloway, NJ 08205
(856)858-9500

RETIRER SENIOR VOLUNTEER PROGRAM (RSVP) Rachel Sanfo
3801 Route 9 South Unit 4
Rio Grande, NJ 08242
(609) 886-3400 Website: senior-corps.gov

RUTGERS COOPERATIVE EXTENSION
355 Court House – South Dennis Road
Cape May Court House, NJ 08210
(609) 465-5115 Fax: (609) 465-5953
Website: njaes.rutgers.edu

VETERANS SERVICES

VETERAN’S BUREAU
3801 Route 9 South, Unit 4
Rio Grande, NJ 08242
(609) 886-2762
Website: capemaycounty.gov

VETASSIST
1-888-314-6075

VETERANS CARE COORDINATION
1-855-380-4400

VA Community Based Outpatient Clinic
3801 Rt 9 South, Unit 2
Rio Grande, NJ 08242
302-994-2511 or
800-461-8262

SUPPORT SERVICES FOR SENIORS

CONTACT CAPE/ATLANTIC
Reassurance calls
9500 Ventnor Ave Bldg. 2
Margate, NJ 08402
(609)823-1850

PUERTO RICAN ACTION COMMITTEE (PRAC)
3801 Rt 9 South
Rio Grande, NJ 08242
(609) 861-5800
Website: pracnj.com
**PERS - PERSONAL EMERGENCY RESPONSE SYSTEMS / PHONE**

**CLEAR CAPTION**  
Clearcaptions.com  
877-863-1196  
BJ Thomas Company Rep  
732-288-4889

**CAPTEL**  
800-233-9130  
FAX 608-204-6167  
CapTel@CapTel.com

**LIFE ASSURE**  
1-800-354-5706

**CONNECT AMERICA**  
1-800-215-4206

**PHILIPS LIFELINE**  
https://www.lifeline.philips.com/  
855-322-7799

**MEDICAL CARE ALERT**  
https://www.medicalcarealert.com/  
855-661-3506

**SUPPORT GROUPS**

**ALZHEIMER’S ASSOCIATION**  
Contact Center/ Helpline  
1-800-272-3900

**CARE GIVER NJ**  
www.caregivernj.nj.gov  
1-877-222-3737

**CARE2CAREGIVERS**  
800-424-2494

**LIFESTYLE MANAGEMENT**  
Cape Regional Medical Center  
2 Stone Harbor Blvd.  
CMCH, NJ 08210  
609-463-4043

**PROFESSIONAL IN-HOME EDUCATION AND SUPPORT**

**SJ GERIATRICS**  
Pres. Lori Heberley  
61 Kresson Road  
Cherry Hill, NJ 08034  
856-429-3494 Fax: 856-229-7683  
sjgeriatric@yahoo.com  
Care giver counseling  
SJgeriatric.com

**LOCAL OFFICES OF STATE AGENCIES**

**COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)**  
Administrator: Jack Thompson  
Email: Jack.Thompson@dhs.state.nj.us  
Southern Region/Cherry Hill Office:  
856-482-3700  
Atlantic City Office: 609-441-3074

**DIVISION OF DEVELOPMENTAL DISABILITY**  
5218 Atlantic Ave, Suite 205  
Mays Landing, NJ 08330  
(609) 476-5200

**NJ DIVISION OF VOCATIONAL REHABILITATION SERVICES**  
Location: One Stop Career Center  
3801 Route 9 S Unit 3  
Rio Grande, NJ 08242  
609-224-2020 Fax 609-224-2049
 Aside from the appointment of a guardian for a minor who comes into an estate, or the supervision of an adoption, or a sanity hearing, for example, it is increasingly common, after a death, to visit the Surrogate's Court for the appointment of someone to handle the estate of the deceased. In New Jersey, the person who passes on the validity of a will, gives the executor proof of authority to administer the estate and sees to it that the executor handles the estate properly, is called the Surrogate.

The word "Surrogate" means "one who takes the place of another. Each county has a Surrogate's Court and the County Surrogate is the Judge of the Surrogate’s Court which is almost certain to touch the lives of every person in the county at some time.

Dean R. Marcolongo, Esquire is the CMC Surrogate.
For more information please call the office at 609-463-6666

Need help with a will, estate, adoption, or guardianship?
The Cape May County Surrogates office is here to help.
JACC

JERSEY ASSISTANCE FOR COMMUNITY CAREGIVING

JACC participants work together with a care manager to develop a plan of care (POC) to best meet their needs. Based on the results of a clinical assessment, the POC is developed collaboratively by the participant and his/her care manager.

By providing a uniquely designed package of supports for the individual, JACC delays or prevents placement in a nursing home.

JACC SERVICES

- Care Management
- Home Health Aide
- Respite Care
- Home Modifications
- Special Medical Equipment & Supplies
- Chore Service
- Personal Emergency Response System
- Home Delivered meals
- Social & Medical Adult Day Care
- Transportation

FOR MORE INFORMATION ON THE JACC PROGRAM PLEASE CALL 609-886-2784.

Statewide Respite Care Program

Provides respite care services to relieve caregivers of stress from providing daily care. This respite may be provided for a short time, or once in a while. Services can include adult day care, home care, companion services, campership, or a short stay in a facility.

For more information, call the Aging and Disability Resource Connection at 609-886-2784
PLEASE CALL 609-886-2784 TO MAKE A REFERRAL

Adults retain all their civil and constitutional rights unless some of those rights have been restricted by court action.
DON’T FORGET!

OCTOBER 15TH-DECEMBER 7TH
MEDICARE OPEN ENROLLMENT PERIOD

Medicare beneficiaries are encouraged to contact a counselor at 609-886-2784 to review your coverage and/or change your Medicare health or prescription drug coverage for 2023.

For more information and links to other services please visit our website at:
www.capemaycountynj.gov/200