## RECEIVE OUR NEWSLETTER!

The "Kinship Connection" is published four times a year and addresses



and addresses
current issues
facing you and
your grandchildren.

### YEARLY PROGRAMS\*

Winter Wellness Evening

Back-To-School Bash

**Holiday Celebration** 

\*Child care is provided.

Partial funding for our
Grandparents Raising Grandchildren
Support Group program
is provided through a grant
from the Cape May County
Department of Aging.



We look forward to hearing from you!

## **Contact Us:**

Rutgers Cooperative Extension of Cape May County Family and Community Health Sciences Department

### - Mailing Address -

4 Moore Road
Cape May Court House
New Jersey 08210

#### - Location -

355 Court House-S. Dennis Road Cape May Court House

Phone: 609-465-5115, ext. 609

Fax: 609-465-5953

E-Mail: rochford@njaes.rutgers.edu



# **Rutgers Cooperative Extension**

Family and
Community
Health Sciences
Department



Invites you to our...

Grandparents
Raising
Grandchildren
Support Group

Since 1999, the Family and Community Health Sciences Department has been providing educational and social support to families residing in Cape May County who are the primary caregivers for their grandchildren.

# **Support**



#### Goals...

- Provide educational programs and publications
- Strengthen family relationships
- Improve the quality of life for families

"You are not facing strangers; you are facing future friends."

Marilou Rochford FCHS Educator

# **Program Topics**

- Custody, Adoption, Guardianship
- Communication
- Parenting the Second Time Around
- Constructive Discipline
- Health and Wellness
- Living with Food Allergies
- Preparing for Parent-Teacher Conferences

# **Coffee Fridays**

Coffee Fridays are held monthly and are a nice way to meet other grandparents who are raising their grandchildren. Relax and unwind over a cup of coffee while we talk about issues and concerns related to raising your grandchildren.

## YOU ARE NOT ALONE

In New Jersey, there are 127,263 children living in grandparent headed households. (6.1 % of all children in the State)\*

In New Jersey, 58,789 grandparents report they are responsible for their grandchildren living with them.\*

\*Data taken from the U.S. Census Bureau Table DP-2. Profile Selected Social Characteristics:

# Let Us Help You

- Programs are available to Cape May County residents at NO cost.
- Programs are held monthly at Rutgers Cooperative Extension in Cape May Court House.
- Every month, different subjects are offered based on the needs and interests expressed by our grandparent community.