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## New Jersey's Early Intervention System

*Special Child Health Services serves as the single point of entry into the Early Intervention Program.*

*Evaluations are provided to concerned families at no cost. There is no need for a physician's referral or medical insurance.*

*If a child is found eligible for The Early Intervention Program, a plan is developed to help families meet their child's individual developmental needs.*

*Early Intervention Services are provided to children:*

- *within the family's routine;*
- *within their natural environments (the home and the community);*
- *in settings in which children without disabilities participate;*
- *and with active participation of families.*

*To contact a service coordinator:*

### **Special Child Health Services**

Cape May County Department of Health

4 Moore Road

Cape May Court House, NJ 08210

Phone: 609-465-1202

Fax: 609-463-3527

Email: [tschlarp@co.cape-may.nj.us](mailto:tschlarp@co.cape-may.nj.us)

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**Special Child Health Services**  
Cape May County Department of Health  
4 Moore Road  
Cape May Court House, NJ 08210



## DEVELOPMENT: Your Baby's Second Year 12-24 Months

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***Special Child Health Services***

***Cape May County***

*Serving the needs of children and  
families in Cape May County*

**Tel: 609-465-1202**

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## Your Child's Development

Developmental milestones are the skills and abilities that children develop at certain ages.

Although all children are unique and will develop at their own pace, a child who is not achieving one or more of the major milestones may need some intervention.

Developmental delays can occur in the following areas:

- Adaptive / Self-help skills: dressing, feeding
- Cognitive: thinking / learning activities
- Communication: speech and language, understanding what is said, following directions, making needs known
- Gross Motor: large body movements, crawling, walking
- Fine Motor: small body movements, using hands for play
- Sensory: receiving / using information through touch, hearing, & sight
- Social and Emotional: interacting with children, adults and the environment

Included in this brochure is a checklist for you to look at your own child's development.

If you are concerned about how your child is developing, please discuss it with your health care provider or call the Special Child Health Services Unit in your county.

## Your Baby's Second Year of Development

*By the end of month 12, is your child doing the following?*

- ◇ Pulling to stand, cruising along furniture
- ◇ Using thumb and index finger (pincer grasp) to pick up small objects
- ◇ Banging two blocks together
- ◇ Putting objects into containers and then taking them out
- ◇ Beginning to point with index finger
- ◇ Shaking head no and waving bye-bye
- ◇ Using a vocabulary of 1-3 words besides mama and dada
- ◇ Drinking from a cup
- ◇ Attempting to use a spoon

*By the end of month 15, is your child doing the following?*

- ◇ Using a vocabulary of 3-6 words
- ◇ Pointing to one or more body parts
- ◇ Understanding simple commands
- ◇ Walking well, stooping, climbing stairs
- ◇ Stacking two blocks
- ◇ Indicating what he wants by pulling, pointing, or grunting
- ◇ Pushing, pulling and dumping things

**The following milestones should be present by the time your child is 18 months old. If your child is not doing two or more of these things, further evaluation may be needed.**

- ◇ Taking an interest in other children
- ◇ Using index finger to point to indicate interest in something
- ◇ Bringing objects over to you to show you something
- ◇ Imitating you, such as faces you make
- ◇ Responding to name when called
- ◇ Looking at a toy or object across the room that you point to

*By the end of month 18, is your child doing the following?*

- ◇ Walking quickly or running stiffly
- ◇ Walking while carrying a toy
- ◇ Throwing a ball
- ◇ Using a vocabulary of 10-15 words
- ◇ Imitating words you say and faces you make
- ◇ Using pull toys and small riding toys
- ◇ Stacking 3 or 4 blocks (building a tower)
- ◇ Using a spoon and cup
- ◇ Beginning to point to some body parts
- ◇ Scribbling spontaneously

*By the end of month 24, is your child doing the following?*

- ◇ Using ride-on toys without pedals
- ◇ Imitating vertical strokes and circular scribble
- ◇ Throwing overhand
- ◇ Kicking a ball
- ◇ Stacking 6-8 blocks
- ◇ Using a vocabulary of at least 20 words
- ◇ Using two-word phrases/sentences
- ◇ Having 65% of speech understandable to strangers
- ◇ Jumping and running well
- ◇ Removing most items of clothing (except those with buttons/zippers)
- ◇ Giving hugs and kisses
- ◇ Referring to self by name

### APPROPRIATE PLAY MATERIALS

Books, "See 'N' Say", balls, blocks, musical toys, containers, pull toys, dolls, pop-up toys, shape boxes, pretend play toys (kitchen sets, vehicle sets), puzzles, non-pedal riding toys, bubbles