
New Jersey's Early Intervention System

Special Child Health Services serves as the single point of entry into the Early Intervention Program.

Evaluations are provided to concerned families at no cost. There is no need for a physician's referral or medical insurance.

If a child is found eligible for The Early Intervention Program, a plan is developed to help families meet their child's individual developmental needs.

Early Intervention Services are provided to children:

- *within the family's routine;*
- *within their natural environments (the home and the community)*
- *in settings in which children without disabilities participate;*
- *and with active participation of families.*

To contact a service coordinator:

Special Child Health Services

Cape May County Department of Health

4 Moore Road

Cape May Court House, NJ 08210

Phone: 609-465-1202

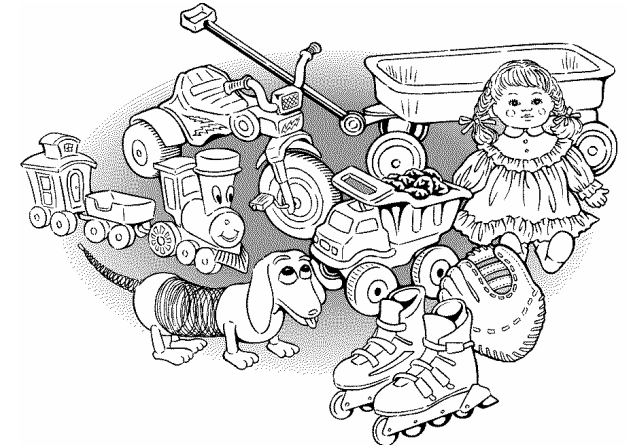
Fax: 609-463-3527

Email: tschlarp@co.cape-may.nj.us

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Cape May County Department of Health
4 Moore Road
Cape May Court House, NJ 08210



DEVELOPMENT: Your Child's Third Year 24–36 Months



Special Child Health Services

Cape May County

Serving the needs of children and families in Cape May County

Tel: 609-465-1202



Your Child's Development

Developmental milestones are the skills and abilities that children develop at certain ages.

Although all children are unique and will develop at their own pace, a child who is not achieving one or more of the major milestones may need some intervention.

Developmental delays can occur in the following areas:

- Adaptive / Self-help skills: dressing, feeding
- Cognitive: thinking / learning activities
- Communication: speech and language, understanding what is said, following directions, making needs known
- Gross Motor: large body movements, crawling, walking
- Fine Motor: small body movements, using hands for play
- Sensory: receiving / using information through touch, hearing, & sight
- Social and Emotional: interacting with children, adults and the environment

Included in this brochure is a checklist for you to look at your own child's development.

If you are concerned about how your child is developing, please discuss it with your health care provider or call the Special Child Health Services Unit in your county.

Your Child's Third Year of Development

By the end of month 24, is your child doing the following?

- ◇ Using ride-on toys without pedals
- ◇ Imitating vertical strokes and circular scribbles
- ◇ Throwing overhand
- ◇ Kicking a ball
- ◇ Stacking 6-8 blocks
- ◇ Using a vocabulary of at least 20 words
- ◇ Using two-word phrases/sentences
- ◇ Having 65% of speech understandable to strangers
- ◇ Jumping and running well
- ◇ Removing most items of clothing (except those with buttons/zippers)
- ◇ Giving hugs and kisses
- ◇ Paying attention to other children
- ◇ Referring to self by name

By the end of month 30, is your child doing the following?

- ◇ Using a vocabulary of 50+ words
- ◇ Helping with getting dressed
- ◇ Singing simple songs
- ◇ Jumping in place
- ◇ Turning door knobs, unscrewing jar lids
- ◇ Playing with water and sand
- ◇ Asking simple questions
- ◇ Using two or three word phrases
- ◇ Completing shape puzzles
- ◇ Saying no but then submitting
- ◇ Showing shyness with strangers and in new situations
- ◇ Showing dependent behaviors like whining and clinging

By the end of month 36, is your child doing the following?

- ◇ Having 80% of speech understandable to strangers
- ◇ Using a vocabulary of 200+ words
- ◇ Jumping a distance of 24-34 inches
- ◇ Snipping on a line using scissors
- ◇ Riding a tricycle using pedals alternately
- ◇ Knowing own name, age, and sex
- ◇ Copying a circle and a cross
- ◇ Having self-care skills, but still needing help
- ◇ Taking turns and interacting consistently
- ◇ Sorting colors and pointing to several colors when named
- ◇ Stacking rings in correct order
- ◇ Avoiding obstacles in path
- ◇ Expressing need to use bathroom
- ◇ Matching shapes and objects
- ◇ Completing 3 or 4 piece puzzle
- ◇ Enjoying picture books
- ◇ Pretending and playing make-believe
- ◇ Knowing use of familiar objects
- ◇ Vocalizing for all needs
- ◇ Using eating utensils
- ◇ Enjoying being read to and looking at books independently

APPROPRIATE PLAY MATERIALS

Cloth picture books, simple wood puzzles, shape sorters, stacking toys, paper and large crayons, blocks, washable dolls with simple clothing, pretend play materials