

Our diverse programs use the Reciprocal Peer Support Model<sup>®</sup>, a national best practice.

- ▶ Emphasize strength and self-care
- ▶ Provider networks with specialty population expertise
- ▶ Peer support that enhances and encourages treatment

**FREE, Confidential, Live Answer, Access 24/7**



### Vets4Warriors

A national, peer support service for veterans, military service members, and their families and caregivers. We are staffed by trained veterans, members of the military community, and their families and caregivers who offer immediate assistance on any

issue and provide the best resources from our collaborative partners and communities across the country. Speak with someone who understands your life experiences and the challenges you face before your challenges become a crisis.

1-855-838-8255 • [vets4warriors.com](http://vets4warriors.com)



### Mom2Mom

You are caring for your special-needs child, but who is caring for you? Mom2Mom is a peer support service to address the behavioral health challenges of caring for a special-needs child. Moms with children with developmental disabilities,

autism, mental health issues, medical problems, and more can find comfort in connecting. Funded by the New Jersey Department of Children and Families, we offer peer support counseling, assessments, a specialized provider network, and resilience and support groups. Over 30 special-needs Mom Peer counselors are here to take your call because we have been where you are, and we understand.

1-877-914-6662 • [mom2mom.us.com](http://mom2mom.us.com)



### Care2Caregivers

A peer support service for anyone caring for a person with memory loss such as Alzheimer's, dementia, or a related disorder. Compassionate and professionally trained staff who have also been family caregivers provide

resources, education, referrals, coaching, tips on coping, and help negotiating community resources. Experienced caregivers provide regular follow-up to families. We offer monthly support groups and customized trainings for caregivers and professionals.

1-800-424-2494 • [care2caregivers.com](http://care2caregivers.com)



### NJ Vet2Vet

A peer support service for New Jersey veterans, National Guard and Reserve service members, and their families and caregivers. Our peer counselors are veterans who have lived the military life and understand the

many challenges faced by veterans, service members, and their families. We provide resources, referrals, clinical assessments, and case management. Let us help you get back to living the life you want and deserve.

1-866-838-7654 • [njvet2vet.com](http://njvet2vet.com)



### Cop2Cop

We are a 24/7 confidential peer support service for New Jersey law enforcement officers and their families. Our Cop2Cop Peer counselors are retired officers and licensed clinicians. We provide peer counseling, assessments, specialty

Cop2Cop network referrals, and Critical Incident Stress Management services. Peer Prevention services are also available for suicide prevention and resilience training. When the job or life gets to you, it helps to talk confidentially to another officer who has been in your shoes. Tough cops ask for help. We are a phone call away.

1-866-267-2267 • [njcop2cop.com](http://njcop2cop.com)



### NJ Peer Recovery

NJ Peer Recovery is a peer-support line available seven days a week from 8 a.m. to 8 p.m. for qualified Horizon NJ Health members living with a substance use disorder. Callers can

talk to a trained Peer Support Specialist who can assist them in creating a personal wellness plan. Peer Support Specialists offer support, information and connection to recovery and wellness resources, including treatment (medication assisted treatment and mental health). We support callers' overall wellness, including physical, emotional and mental health.

1-833-422-2765 • [njpeerrecovery.com](http://njpeerrecovery.com)



### Worker2Worker

We are a confidential peer support service for employees of the New Jersey Division of Child Protection and Permanency (DCP&P) who are routinely exposed to highly stressful situations where the welfare of

children is at stake. Our peer counselors are compassionate and specially trained retired DCP&P workers who are familiar with your unique challenges. Worker2Worker offers peer counseling, assessments, provider referrals, and Critical Incident Stress Management services. We also provide resilience-building events and crisis intervention support.

1-855-327-7482 • [dcpnj.com](http://dcpnj.com)



### AID NJEA

We offer a confidential telephone helpline for school staff members and their families experiencing some distress at work or home. Our helpline is staffed by active and retired educators and school counselors

trained to provide peer support, guidance, information, and resources to colleagues. Peer support staff are on the line Monday through Thursday from 12 p.m. to 8 p.m. and Fridays from 12 p.m. to 6 p.m. Mental health professionals are available during other hours for 24/7 coverage.

1-866-243-6532 • [njea.org/aid-njea-can-help](http://njea.org/aid-njea-can-help)